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Jednym z najbardziej zwartych i praktycznych poradników antyterrorystycznych na świecie, skierowanym do obywateli kraju, jest "Citizen Guidance" opracowany przez Departament Bezpieczeństwa Wewnętrznego USA.



## Citizen Guidance on the Homeland Security Advisory System

Risk of Attack	Recommended Actions for Citizens
 <p><b>GREEN</b> Low Risk</p>	<ul style="list-style-type: none"> <li>➔ Develop a family emergency plan. Share it with family and friends, and practice the plan. Visit <a href="http://www.Ready.gov">www.Ready.gov</a> for help creating a plan.</li> <li>➔ Create an "Emergency Supply Kit" for your household.</li> <li>➔ Be informed. Visit <a href="http://www.Ready.gov">www.Ready.gov</a> or obtain a copy of "Preparing Makes Sense, Get Ready Now" by calling 1-800-BE-READY.</li> <li>➔ Know how to shelter-in-place and how to turn off utilities (power, gas, and water) to your home.</li> <li>➔ Examine volunteer opportunities in your community, such as Citizen Corps, Volunteers in Police Service, Neighborhood Watch or others, and donate your time.</li> <li>➔ Consider completing an American Red Cross first aid or CPR course, or Community Emergency Response Team (CERT) course.</li> </ul>
 <p><b>BLUE</b> Guarded Risk</p>	<ul style="list-style-type: none"> <li>➔ Complete recommended steps at level green.</li> <li>➔ Review stored disaster supplies and replace items that are outdated.</li> <li>➔ Be alert to suspicious activity and report it to proper authorities.</li> </ul>
 <p><b>YELLOW</b> Elevated Risk</p>	<ul style="list-style-type: none"> <li>➔ Complete recommended steps at levels green and blue.</li> <li>➔ Ensure disaster supply kit is stocked and ready.</li> <li>➔ Check telephone numbers in family emergency plan and update as necessary.</li> <li>➔ Develop alternate routes to/from work or school and practice them.</li> <li>➔ Continue to be alert for suspicious activity and report it to authorities.</li> </ul>
 <p><b>ORANGE</b> High Risk</p>	<ul style="list-style-type: none"> <li>➔ Complete recommended steps at lower levels.</li> <li>➔ Exercise caution when traveling, pay attention to travel advisorie.</li> <li>➔ Review your family emergency plan and make sure all family members know what to do.</li> <li>➔ Be Patient. Expect some delays, baggage searches and restrictions at public buildings.</li> <li>➔ Check on neighbors or others that might need assistance in an emergency.</li> </ul>
 <p><b>RED</b> Severe Risk</p>	<ul style="list-style-type: none"> <li>➔ Complete all recommended actions at lower levels.</li> <li>➔ Listen to local emergency management officials.</li> <li>➔ Stay tuned to TV or radio for current information/instructions.</li> <li>➔ Be prepared to shelter-in-place or evacuate, as instructed.</li> <li>➔ Expect traffic delays and restrictions.</li> <li>➔ Provide volunteer services only as requested.</li> <li>➔ Contact your school/business to determine status of work day.</li> </ul>

\*Developed with input from the [American Red Cross](http://www.AmericanRedCross.org).